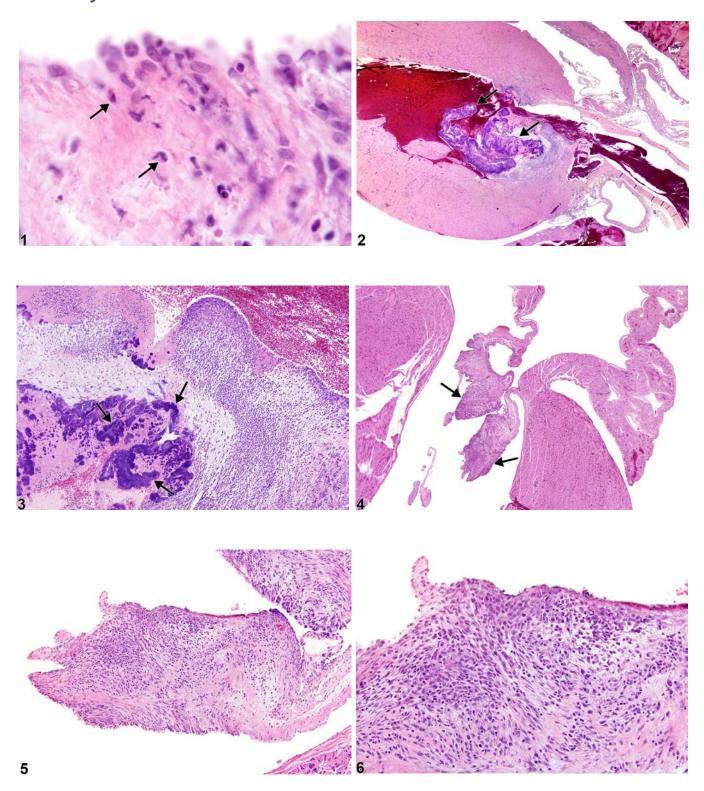
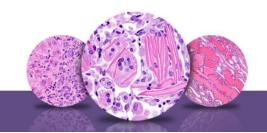




### Heart – Inflammation







### **Heart – Inflammation**

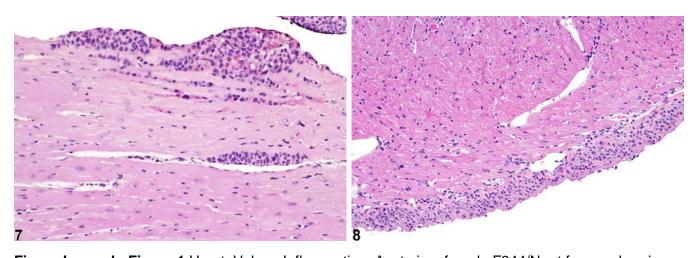
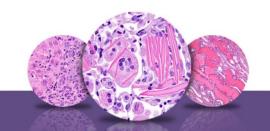


Figure Legend: Figure 1 Heart, Valve - Inflammation, Acute in a female F344/N rat from a chronic study. Neutrophils (arrows) are present within a valve. Figure 2 Heart, Valve - Inflammation, Suppurative in a female F344/N rat from a chronic study. Suppurative inflammation is present in the mitral valve (arrows). Figure 3 Heart, Valve - Inflammation, Suppurative in a female F344/N rat from a chronic study (higher magnification of Figure 2). Suppurative inflammation of the mitral valve has aggregates of bacteria (arrows). Figure 4 Heart, Valve - Inflammation, Chronic in a female F344/N rat from a chronic study. Mixed inflammatory cells are present within the thickened mitral valve (arrows). Figure 5 Heart, Valve - Inflammation, Chronic in a female F344/N rat from a chronic study (higher magnification of Figure 4). Mixed inflammatory cells and proliferation of mesenchymal cells result in thickening of the mitral valve. Figure 6 Heart, Valve - Inflammation, Chronic in a female F344/N rat from a chronic study (higher magnification of Figure 4). Lymphocytes, macrophages, and plasma cells with proliferating mesenchymal cells are present in the mitral valve. Figure 7 Heart - Inflammation. Chronic-active in a male F<sub>2</sub> generation CD1 mouse. Inflammation of the heart along the endocardium consists primarily of neutrophils and macrophages. Figure 8 Heart - Inflammation, Chronic-active in a male B6C3F1/N mouse from a chronic study. Chronic active inflammation is present along the epicardial surface of the heart.

**Comment:** Inflammation in the heart may occur in the myocardium, endocardium, or epicardium or may be associated with the valves. Inflammation of the myocardium must be differentiated from cardiomyopathy. Cardiomyopathy occurs more often within the myocardium and is composed of more





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mixed infiltrates, ultimately progressing to mononuclear cells. Inflammatory lesions not associated with cardiomyopathy may be composed of more homogeneous populations of cells, such as neutrophils, and may be located more along the endocardial and epicardial surfaces of the heart, though this is not always the case.

Valvular inflammation commonly refers to an inflammatory lesion of the heart valves. The diagnostic features include the presence of vegetative plaques composed of mixed inflammatory cells including neutrophils in a matrix of fibrin that may also contain colonies of bacteria. Hemorrhage may be present in the underlying valvular stroma, and reactive hyperplasia may be present in the adjacent endothelium or underlying stromal cells. Valvular endocarditis may be an incidental finding. Lesions may be consistent with sepsis, and other organs should be examined for evidence of septicemia.

In NTP studies, there are five standard categories of inflammation: acute, suppurative, chronic, chronicactive, and granulomatous. In acute inflammation, the predominant infiltrating cell is the neutrophil, though fewer macrophages and lymphocytes may also be present (Figure 1). There may also be evidence of edema or hyperemia. The neutrophil is also the predominant infiltrating cell type in suppurative inflammation; however, in suppurative inflammation the neutrophils are aggregated, and many of them are degenerate (suppurative exudate). Cell debris, from both the resident cell populations and infiltrating leukocytes; proteinaceous fluid containing fibrin; fewer macrophages and occasional lymphocytes or plasma cells; and, possibly, an infectious agent may also be present within the exudate. Grossly, these lesions would be characterized by the presence of pus (Figure 2 and Figure 3). In the tissue surrounding the exudate, there may be fibroblasts, fibrous connective tissue, and mixed inflammatory cells, depending on the chronicity of the lesions. Lymphocytes predominate in chronic inflammation (Figure 4, Figure 5, and Figure 6). Lymphocytes also predominate in chronic-active inflammation, but there are also a significant number of neutrophils (Figure 7 and Figure 8). Both suppurative and chronic-active inflammation may contain macrophages. Granulomatous inflammation is another form of chronic inflammation, but this diagnosis requires the presence of a significant number of aggregated, large, activated macrophages, epithelioid macrophages, or multinucleated giant cells. Inflammation is differentiated from cellular infiltrates by the presence of other changes, such as edema, hemorrhage, degeneration, necrosis, or other evidence of tissue damage.





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**Recommendation:** Inflammation in the heart should be recorded when present, and the subsite (e.g., valve, epicardium, endocardium) should be added as a site modifier. The type of inflammation (e.g., suppurative, chronic, chronic-active) should also be included as qualifier. Severity grades should be included based on the extent of the lesion. Secondary lesions, such as necrosis, edema, and hemorrhage, should not be diagnosed separately unless warranted by severity. If the inflammation is secondary to another lesion (e.g., necrosis), the primary lesion should be diagnosed and the inflammation described in the pathology narrative, unless the inflammation is severe enough, in the pathologist's opinion, to warrant a separate diagnosis.

#### References:

Wachtman LM, Browning MD, Bedja D, Pin S, Gabrielson KL. 2006. Validation of the use of long-term indwelling jugular catheters in a rat model of cardiotoxicity. J Am Assoc Lab Anim Sci 45(5):55-64. Abstract: https://www.ncbi.nlm.nih.gov/pubmed/16995648

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